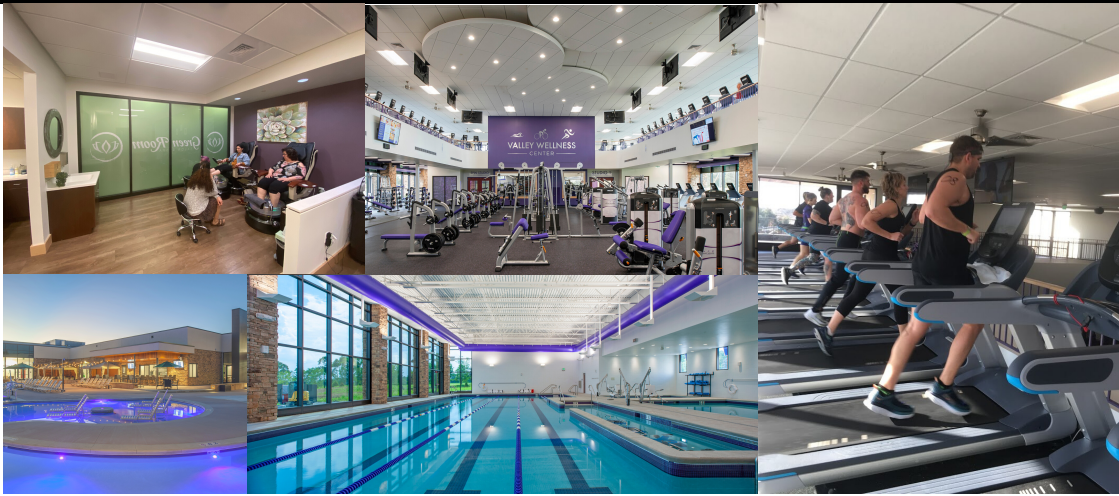


MAY 15, 2020



## Help us Create. One. Voice.

Greetings VWC Members!

As always, we hope everyone is doing well and staying positive during this time. We have been thinking of you all and look forward to when we can open our doors again. We are still uncertain of when this will be due to our state's strict stay-at-home orders and exclusion of health clubs from the "yellow" reopening phase.

We are ready and waiting to allow you all to meet your goals towards a healthy lifestyle. That being said several regional health clubs have formed local organization to have our voices heard. At the top of its current priorities, the PA Fitness Alliance hopes to achieve the safe reopening of PA health clubs. To that extent guidelines for reopening have been created and approved by the Center for Disease Control (CDC).

We have attached the proposed guidelines which have also been shared with our local state representatives, senators and the surgeon general. Please take a moment to review these guidelines as we will be asking for our members help in maintaining and already clean, sanitary fitness facility. With these guidelines and education, we hope that the state and/or local authorities will consider the critical value of health and fitness clubs to the health and welfare of all Pennsylvania residents while we show that we are prepared to reopen with the utmost preparedness for health and safety of our members and guests.

As a physician health club owner who also owns and operates a licensed, accredited free-standing ambulatory surgical center I can say I am very familiar with infection control guidelines and policies and our facility has been and will remain one of the cleanest of it's kind in the region.

Below are links to our local representatives if you would like to have your voice heard

Steven Mortazavi, M.D.  
President  
Valley Wellness Center  
Valley Pain Specialists  
Valley Surgical Center

**Marcia Hahn:** <http://www.rephahn.com/Contact.aspx>

**Mario Scavello:**

[https://www.legis.state.pa.us/cfdocs/legis/home/member\\_information/senate\\_bio.cfm?id=972](https://www.legis.state.pa.us/cfdocs/legis/home/member_information/senate_bio.cfm?id=972)